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Hot Springs Arkansas



ENTRANCE TO GOVERNMENT RESERVATION.

ORE than 65,000 persons visited Hot Springs, Arkansas, during the season of 1901-02. This is a conservative estimate, made by the Superintendent of the United States Government Reservation in his annual report to the Secretary of the Interior, Hon. E. A. Hitchcock, which was approved by the



United States Senate. This means that Hot Springs, Arkansas, which is familiarly known as the "Carlsbad of America," had 15,000 more visitors in 1902 than the famous German resort ever had during one season.

It also means that Hot Springs, Arkansas, may justly claim the distinction of being the greatest all-year-round health and pleasure resort in the world.

It is cosmopolitan in the highest sense of the word—it is not only a national, but an international sanitarium, which is visited annually by tourists, health and pleasure seekers from all sections of the globe.

Many noted men and women come here for rest and recuperation, and as many as



a dozen private cars belonging to visiting celebrities have been side-tracked here at one time.

It has come to be recognized that there is no locality equal to Hot Springs for restoring health to the overworked in business, or those whose systems have become exhausted from the long strain which the demands of society impose. The number who come here for pleasure, rest, and for building up a tired system, is now legion, and it is no exaggeration to say that a few weeks spent here every year, with a thorough course of Baths, and cleansing of the system, imparts new vigor to every function, prolongs life and adds

materially to the aggregate of human happiness. The United States Government Reservation of 2,000 acres is situated at the base of Hot Springs

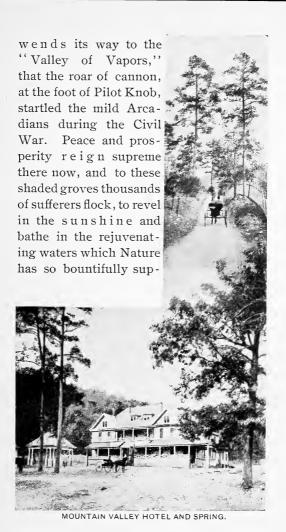


LAKE AND BOAT HOUSE, POTASH SULPHUR SPRING.

Mountain, one of the loveliest and most picturesque elevations in the Ozark Range. It was at the base of the Ozark Mountains that Longfellow found fitting imagery for his pathetic poem of Evangeline. It was at the base of the Ozarks, that De Soto, in his search, like Ponce de Leon, for the "Fountain of Youth," halted his cavalcade, at the bubbling springs in Garland County, Arkansas, and in 1804, two members of the Lewis and Clarke expedition, which explored the Louisiana Purchase Terrritory, stopped and learned from the Indians that white men had been there before them and used the marvelous thermal waters.

It was at the base of the Ozarks, along which the Iron Mountain Route now







ARLINGTON SPRING.

ernment experts, this is due to the fact that, before reaching the surface of the earth, these health-giving streams are filtered through masses of igneous rock, and all impurities removed. The amount of actual solids retained is so small that it forms a striking contrast to that found in other mineral springs throughout

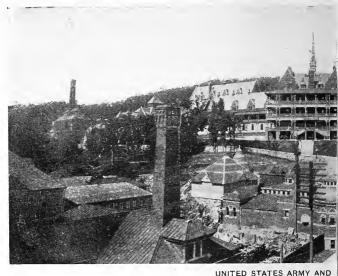
the world. Professor J. K. Haywood, of the United States Chemical Bureau, who made analyses of the forty-four springs, which supply the various bath-houses with their thermal waters, has this to say in his report to the Secretary of the Interior:

"The constituents determined in each of the forty-four hot springs and in the two cold springs include the following: Oxygen, consuming capacity; albuminoid ammonia, free ammonia, lithium, sodium, potassium, magnesium, calcium, iron and aluminum, manganese, arsenic, iodine, bromine, chlorine, boric acid, phosphoric

acid, nitric acid, nitrous acid, sulphuric acid, silicic acid,

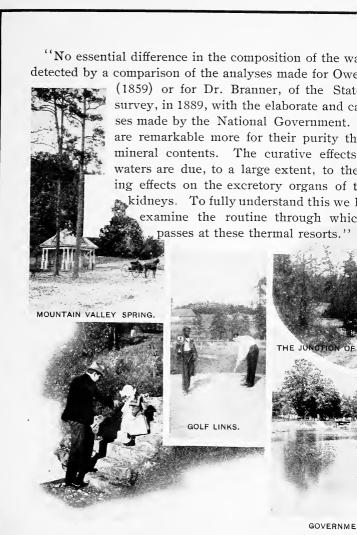


SPRING No. 37, NEAR FALL BATH HOUSE.

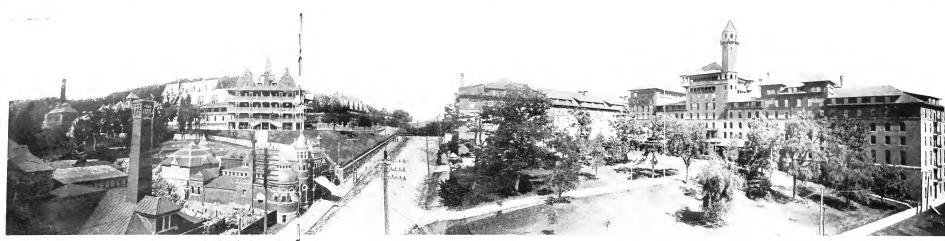


carbonic acid, bicarbonic acid, nitrogen, oxygen, "From what has hydrogen sulphide, total solids. already been said, combined with the analyses of these waters, it will at once be seen why they have been used with such excellent results in the treatment of rheumatism, gout, etc. We may sum up under four heads:

(1) The waters are hot, and consequently possess the medicinal value of all thermal waters, i. e., when used as a bath, in the ordinary manner followed in such cases, they stimulate the flow of







UNITED STATES ARMY AND NAVY HOSPITAL.

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sweat and thus give the system a thorough washing out each day. In this manner uric acid and other poisons are removed from the body.

"(2) These waters contain iodides and bromides, which, although present only in traces, undoubtedly have a marked alterative effect on the system, and form soluble compounds with the salts of mercury, thus aiding in their elimination from the system.

"(3) The presence of lithium in these waters, even though in traces, very likely accounts, to some extent, for the removal of some of the uric acid from the system, and the consequent improve-

EASTMAN HOTEL.

ment in the condition of rheumatic and gouty persons.

"(4) All of these springs contain quite large amounts of calcium and magnesium bicarbonates. The calcium and magnesium salts of uric acid are much more soluble than the uric acid itself. Taking these two facts into consideration, it seems plausible to assume that a great deal of the curative effects of these waters is due to the formation of the more soluble compounds, calcium and magnesium urate, which can more easily be eliminated from the system than the uric acid itself."

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This is official, and practically stamps the approval of the United States Government, which has long maintained its Army and Navy Hospital at this famous resort.

There are, in all, a score or more of bathhouses at Hot Springs, which are licensed by the United States Government, and are under the supervision and control of the Government Superintendent. The rules for them are rigid and exacting, with severe penalties attached for any infringement

or violation. No visitor pays extortionate prices.

The larger hotels have their own bath-houses attached, but one-half of all on the Reser-

vation are situated along "Bath House Row," a promenade artistically designed, and one of the most beautiful of any pleasure resorts in the world. From an architectural and scenic standpoint it is unsurpassed.

The bath-houses are clean, in perfect sanitary condition, as required by Government rules, and



AKE ON WHITTINGTON AVE. Γ SPRINGS, ARK.

source alone of over \$16,000 per year. This is gradually increasing as the demand for these baths becomes greater.

The United States Government's interests are looked after by a Superintendent, who is appointed by the President. He has charge of all improvements on the reservation, and enforces all Govern-

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UNITED STATES RESER



DRIVE ON GOVERNMENT MOUNTAIN.

"No essential difference in the composition of the waters and bedeeted by a comparison of the analyses made for Owen or Larkin

GOLF LINKS.

MOUNTAIN VALLEY SPRING.

(1859) or for Dr. Branner, of the State geological survey, in 1889, with the elaborate and carctul analyses made by the National Government. The waters are remarkable more for their purity than for their mineral contents. The curative effects of thermal waters are due, to a large extent, to their stimulating effects on the excretory organs of the skin and kidneys. To fully understand this we have only to examine the routine through which a patient passes at these thermal resorts."

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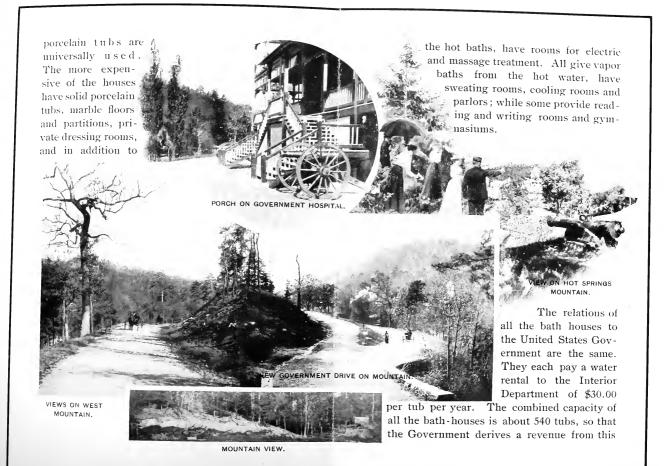
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GOVERNMENT LAKE ON WHITTINGTON AVE., HOT SPRINGS, ARK.







concerning the bath-houses. The attendants' fees at the bath-houses are fixed by the Government, and are uniformly \$3.00 for a course of twenty-one baths.

The price for a single bath ranges from 20 to 50 cents, and for a course of twenty-one baths, from \$4.00 to \$10.00, according to the accommodations offered. For a half-course of ten baths, the charges are one-half the full course rate.

The summer heat at
Hot Springs is tempered by an elevation
of 1,000 feet above
sea level, and by the
surrounding peaks of
the Ozark Mountains,

which rise several hundred feet higher in all directions. The nights are invariably cool, and the pure mountain air and constant southern breezes make this the ideal season for invalids from all parts of the country. The mountains not only exert a wonderful influence on the climate, but they afford magnificent views and scenery, and to crown all, they are covered with limitless stretches of pine

NG GOVERNMENT NWEST MOUNTAIN. bred driving and saddle horses, and stylish turnouts, of the latest designs. Automobiles may also be hired at reasonable prices.

Hot Springs is equipped with Golf links second to none in the country. The Golf Club was



ROTUNDA PARK HOTEL.

organized in 1897, and has secured since then seventy acres of ground at the terminus of the electric line. It consists of hill and valley, and offers opportunity for the most scientific shots. Many experts from all over the country have used the course, and pronounced it the equal of any. The Links are open

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GOVERNMENT DRIVE ON WEST MOUNTAIN.

DRIVE ON GOVERNMENT MOUNTAIN.

WIDENING GOVERNMENT ROAD ON WEST MOUNTAIN.





forests, so much prized for their health-giving qualities. It is as a fashionable pleasure resort that Hot Springs, Arkansas, has attracted the greatest attention during the past decade. The idea that it is only those who are afflicted that go there has long since been proven erroneous. With the completion of the four great hotels, the Arlington, Park, Eastman and Majestic,

which are among the largest and



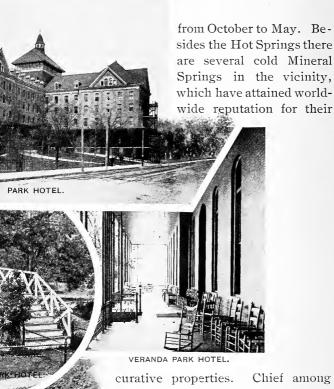
ENTRANCE TO GOVERNMENT RESERVATION.

finest resort hotels in the country. Hot Springs is prominent as the leading all-year pleasure resort of the United States. Its matchless climate attracts northern pleasure seekers in winter, and its cool mountain atmosphere attract the people of the South in the summer. On nearly every day of the winter, out-door recreation may be enjoyed.

GOVERNMENT STAIRWAY

There are miles of Government mountain drives, bridle paths and good country roads, beautiful mountain scenery and pine forests. The livery service is complete in Kentucky-

PROMENADE IN FRONT OF BATH HOUSES.



curative properties. Chief among these are Mountain Valley and Potash Sulphur Springs. Mountain Valley Springs is twelve miles northwest of the city of Hot Springs. It is situated in the midst of beautiful surroundings in the Ozark Mountains, and the water from the spring has been instrumental in saving

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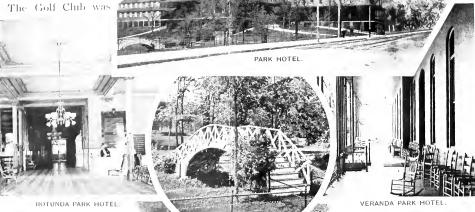
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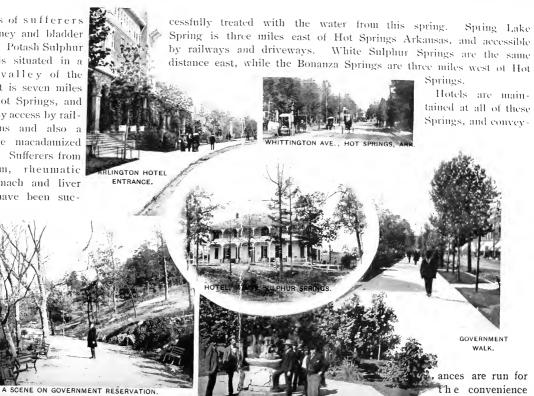
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thousands of sufferers from kidney and bladder troubles. Potash Sulphur Springs is situated in a pretty valley of the Ozarks, it is seven miles east of Hot Springs, and within easy access by railroad trains and also a handsome macadamized driveway. Sufferers from rheumatism, rheumatic gout, stomach and liver troubles have been suc-



GOVERNMENT FOUNTAIN.

of visitors and

patrons.

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